



# Be a friend. Stop bullying now!

Nobody likes being picked on. It can make you feel like you're all alone. So if you see it happening to someone else, be their friend and let them know they're not alone. To find out more, get your parents' permission and log on to [www.StopBullyingNow.hrsa.gov](http://www.StopBullyingNow.hrsa.gov)



A campaign of the Health Resources and Services Administration, the Maternal and Child Health Bureau, and the U.S. Department of Health and Human Services

3-COLUMN (6-7/16") X 10"; 133 LINE SCREEN



Nobody likes being picked on. It can make you feel like you're all alone. So if you see it happening to someone else, be their friend and let them know they're not alone. To find out more, get your parents' permission and log on to [www.StopBullyingNow.hrsa.gov](http://www.StopBullyingNow.hrsa.gov)

A campaign of the Health Resources and Services Administration, the Maternal and Child Health Bureau, and the U.S. Department of Health and Human Services

Be a friend.  
Stop bullying  
now!



3-COLUMN (6-7/16") X 4-1/2"; 133 LINE SCREEN



Be a friend.  
Stop bullying now!

Nobody likes being picked on. It can make you feel like you're all alone. So if you see it happening to someone else, be their friend and let them know they're not alone. To find out more, get your parents' permission and log on to [www.StopBullyingNow.hrsa.gov](http://www.StopBullyingNow.hrsa.gov)



A campaign of the Health Resources and Services Administration, the Maternal and Child Health Bureau, and the U.S. Department of Health and Human Services

2-COLUMN (4-1/4") X 6-1/2"; 133 LINE SCREEN